

2019 MICNP Conference - Friday AM Workshops

Date	Time	Presentation Type	CE / Pharm	Presentation Title	Speaker Name	Description
Friday, March 22	9:00 am - 12:00 pm	3 HR AM Workshop	3 / 2	Hormones & Contraceptives: Who Will Benefit, What and Which to Prescribe, How to Handle Side Effects	Laura C Ford, PhD, RN, CNP	Which hormone do you use for your patients? If you are confused about selecting a birth control or hormone therapy for different diagnoses and needs, this session will clarify how to choose based upon patient characteristics and their medical history. What does it mean to have a bioidentical hormone therapy, how do you respond to patients who say their "research" makes them want a specific hormone preparation? Is there really any difference among the multiple options for birth control pills?
Friday, March 22	9:00 am - 12:00 pm	3 HR AM Workshop	3 / 1	Nurses & Nutrition: Best Practices for Pharmacy & "Farmacy" for Diabetes	Caroline Trapp, DNP, ANP-BC, CDE, FAANP	The purpose of this workshop is to empower NPs to promote much healthier eating habits among people who have or who are at risk for type 2 diabetes, and utilize best practices in prescribing diabetes medications, and build their knowledge of plant-based culinary skills! Healthy People 2020 has called for nutrition counseling in all clinical encounters with people who have diabetes. However, a recent survey of NP programs in Michigan found very little content on nutrition. The Dietary Guidelines for Americans include a plant-based dietary pattern as one of three patterns recommended for all Americans; a dietary pattern that has been shown to prevent and treat diabetes, and the only dietary pattern shown to reverse heart disease, but one that may not be familiar to all NPs. This presentation will review current medication options and describe 7 compelling reasons to recommend a 3-week plant-based diet trial, along with patient education/counseling resources, and diet-related medication safety considerations. Attendees will observe a cooking demonstration and enjoy sampling recipes to use and share.
Friday, March 22	9:00 am - 12:00 pm	3 HR AM Workshop	3 / 0.5	Refine, Define and Reinforce Your Assessments Skills on Identifying 12 and 15-lead High-Yield ECG Findings	Joan Michelle Moccia, DNP, ANP-BC, CCRN, GS-C	By attending this program you'll learn the pearls to be better able to define and refine 12/15 Lead ECG patterns of ischemia, injury and infarction using a systematic approach; differentiate between right and left bundle branch block; correlate myocardial injury with the culprit artery; recognize high risk ECGs; and pharmacotherapy priorities and treatment plan. This course will provided a new level of confidence of an essential skill.
Friday, March 22	9:00 am - 12:00 pm	3 HR AM Workshop	3 / 0.5	Suturing Workshop	Jennifer Ruel, DNP, RN, FNP-BC, ENP-BC	This workshop will provide APRN participants with basic principles regarding wound assessment and management. The workshop includes both didactic and lab skills. Participants will each receive a suturing kit and materials which they will be able to keep for future practice. Topics to be discussed include wound assessment, suture material selection, local anesthetics, tetanus and antimicrobial prophylaxis, basic wound closure techniques, documentation, and professional duties.